



Hello from Jemima!



The summer has felt really busy in Whipton, and it's been great to spend so much time in our outdoor spaces with pop-up play sessions, Summer Fayres and ranger walks. It was wonderful to see people coming together to create new murals and share ideas and energy to make more good stuff happen, including line dancing, Whipton Sewing and Craft Group, and book clubs.

As we move into autumn, things are getting back into a nice routine, with regular groups and activities back up and running. The winter months make our community venues more important than ever as spaces where people can come together and connect. There's already so much happening, and it's inspiring to see people helping shape their community. If you have an idea for an activity, group or event you'd like support with, or would like help connecting with what's happening locally, please do get in touch. I'm here to support anyone who wants to try something new or get involved.

Best Wishes

Jemima

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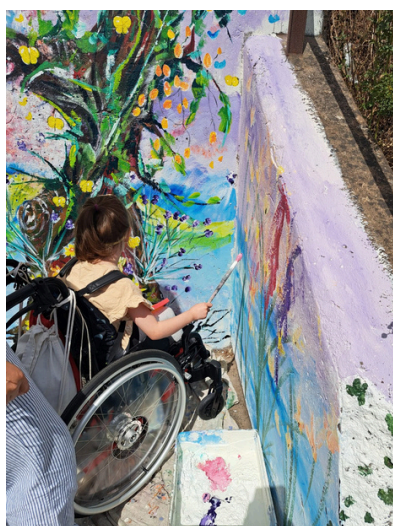
- Wellbeing Exeter

Whipton Community Mural Project

The Whipton Community Mural Project has been busy over the summer, and we're delighted to now have four beautiful murals brightening up our streets.

You can spot them at Chaucer Grove, near the lane to St Katherine's Priory; the Pinhoe Road steps to Whipton Road; Redlands Close; and Whipton Village Road.

It was wonderful to see so many community members adding their creativity, including children from Vranth House. If you'd like to help bring more murals to Whipton next summer, let me know.



Summer of Pop Up Play

It's been a real summer of play in Whipton, with Pop Up Play sessions at Summerway Park and Lloyds Crescent play area, story and play sessions at Whipton Hall, and wonderful circus shows at St Katherine's Priory.

Huge thanks to Alex the Entertainer and Killerton for helping make the summer so much fun, and to all the families who came along and joined in! It was a great opportunity to connect and so much fun.



Listening Post

Listening is an important part of a Community Builder's work. Here's what residents said at recent activities and events.

I'd love to learn more about houseplants and come together with other people to swap cuttings.

It would be great to have a cafe back in the centre of Whipton village so we have somewhere to easily get together.

I saw the mural being painted as I drove past - It's wonderful!

It's amazing to see the bats and also so nice to be out in the night time with people and see the stars.

Thackeray Park Wildlife Garden

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It's been wonderful to support residents around Thackeray Park, working with YouGrow CIC with funding from National Grid, to develop the space into a beautiful wildlife garden. We've had some great gardening sessions, and now have three raised beds full of beautiful plants.

Residents are planning more gardening sessions and have some exciting ideas for the space, including a noticeboard, more bushes and trees. If you live locally to Thackeray Park and would like to get involved, do get in touch.



Whipton on Wheels

Whipton on Wheels meets regularly on Thursday mornings at the Isca Centre, meeting at the café before heading out for a wheel around Eastern Fields. If you use a wheelchair or mobility scooter and would like to join the friendly WhatsApp group and get-togethers, do get in touch.



The group is also keen to highlight challenges wheelchair and mobility scooter users face around Whipton, including bins blocking pavements and cars parking on them. They're hoping to invite local councillors to try navigating the area using a mobility scooter and experience these challenges for themselves.

Whipton Sewing and Craft Group

It's been brilliant to see the Whipton Sewing and Craft Group get up and running thanks to the energy and enthusiasm of volunteers from Whipton Community Association. It's a lovely, friendly group where people work on their own projects, support each other and learn new skills and crafts.



I've loved going along and seeing what people are working on. The group meets every other Tuesday, 10am-12pm, at Whipton Hall. Everyone is welcome, whether you're experienced or keen to give sewing a go for the first time.

Pokemon Go Get Togethers



We had great fun getting together for a Pokémon GO walk during the summer holidays. A local resident is keen to bring people together to play, battle, take part in raids and trade Pokémon, and there's now a Facebook group for anyone interested in joining in.

There's also another Pokémon GO walk planned for Friday 30th October, meeting at the Isca Centre and walking to St Katherine's Priory Community Café, where there is a Pokémon GO Gym. Children should be accompanied by an adult. If you'd like to come along, please let me know!

Whipton Book Club and Book Buddies

There are now some great opportunities to share a love of reading in Whipton. Whipton Book Club meets monthly at The Star Whipton, with everyone reading the same book. Book Buddies meets at Whipton Community Hall, with daytime and evening sessions. It's a varied book chat, with opportunities to share recommendations and explore different themes. There are spaces available, and the group is being arranged by Whipton Community Association. The last book read by Whipton Book Club was *Here One Moment* by Liane Moriarty. One member shared this lovely review:

'I loved how the novel dealt with the theme of predestination and freewill. I have listened to predictions from gypsies before, some things in life do seem to have been fated and sometimes meeting certain people does change the course of your life. This novel will work well as a film because of the number of characters and the intense aeroplane setting at the beginning. I had an affinity with several of the characters, and felt for them as the novel progressed. I thought it was a fast moving, moving novel, which I really enjoyed.'



Line Dancing



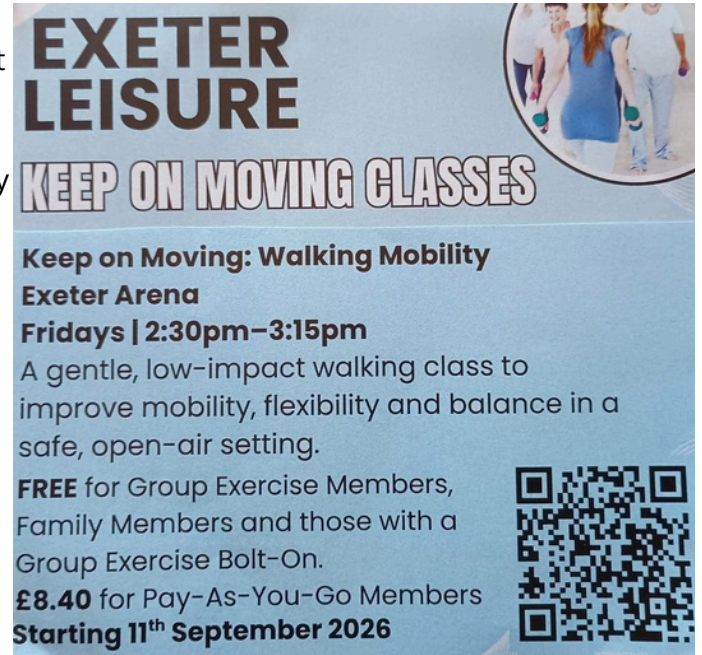
It's brilliant to see Whipton Community Hall filling up with line dancers! The idea came from a local resident who mentioned how much they'd love to see line dancing in Whipton, and when I shared the idea, the response was huge. A big thank you to Whipton Community Association for making it happen.

The sessions are currently fully booked, but we're hoping there may be opportunities for more in the future. It's lovely to see such enthusiasm for a new activity in Whipton!

Let's get moving

We've enjoyed exploring Eastern field over the Summer with a fantastic Ranger-led nature walk and a popular Bat Walk. It's wonderful to see residents coming together to enjoy what's on our doorstep.

There are lots of other ways to get physically active locally too. The Strong From Here Boot Camp offers opportunities to get moving and build strength, see poster for times. There are also regular walks from the Isca Centre coming up, as well as line dancing and a weekly Seated Exercise session led by Age UK on Thursdays at Whipton Hall, see What's On guide. Many residents have said they'd like more regular local walks, and I've spoken with Westbank Walks about making this happen. They've created a local route with the hope that a volunteer walk lead might come forward. If you'd be interested in helping to make this happen, do get in touch.



EXETER LEISURE

KEEP ON MOVING CLASSES

Keep on Moving: Walking Mobility
Exeter Arena
Fridays | 2:30pm–3:15pm

A gentle, low-impact walking class to improve mobility, flexibility and balance in a safe, open-air setting.

FREE for Group Exercise Members, Family Members and those with a Group Exercise Bolt-On.
£8.40 for Pay-As-You-Go Members
Starting 11th September 2026

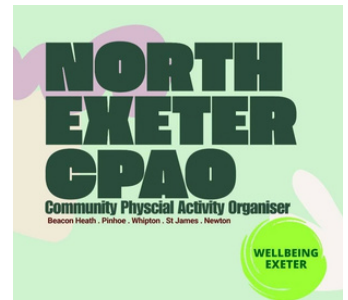


News from Charlotte (Community Physical Activity Organiser)

Hello! I'm Charlotte. I am the Community Physical Activity Organiser for Exeter North including Whipton. My role is to connect people with activities already happening in their local area and to support residents and groups who have ideas for helping their communities become more active. See the back page for my contact details. During September, local residents joined various city walks as part of Exeter's first Walking Festival. The week long festival concluded with The Great West Walk, which completed a full loop around The Green Circle. Locally there was a very popular Bat walk in Eastern Fields.

If you want to venture further into local nature trails coming into this Autumn, Killerton Estate are offering Free Wellbeing Walks throughout October including a guided walk around the Ashclyst Forest-Green Route, open to all on the 28th October at 10:00 - 11:30. National Trust membership is not required to join these walks. Scan the QR code to register. If you struggle with online forms, you can contact Killerton directly on: 01392881345

If you would like support to access physical activity locally to you, you can get in touch with me to explore what's available, find an activity that suits you, or talk through an idea you have for setting up a new activity. I can also introduce you to local groups and organisations, and support you to take that first step into a new activity. You can contact me using the details on the back page or self-refer through the Wellbeing Exeter website.





LITTLE BONNY FACES

Baby & Toddler Group

TUESDAYS OR WEDNESDAYS
9-10:45AM DURING TERM TIME

At St Boniface Church,
Brookway, Whipton

email:sarah@whipton.church
to book a place.




Custard town

Custard Town is a fun, inclusive play space designed for children aged 0-6. From sensory play and creative spaces to teddy bears' picnics, a mini disco and a welcoming family café.

9.30 am - 11.30 am
12.30 pm - 2.30 pm
7 Days a week



Scan to Book!

Don't forget to select £1 donation to get your free barista coffee!

Email: custard@eci.org.uk
Phone: 07856925638 Follow us: @custardtowntexeter

'STRONG FROM HERE' BOOTCAMP

Come for the workout.
Be part of the conversation.
Leave with new friendships.

Want to join us?

Message me for details on how to get involved, or if you have any questions before committing!

Where? Bettysmead Playing Fields, Whipton, Exeter (subject to change)

When? Every Wednesday 18:30 and Saturday 08:30

No experience or fitness required:
come as you are and join the madness!



Pokémon GO Walk

10am - Friday 30th October

Meet at The Isca Centre EX4 8NT

Join us for a Pokémon GO walk through Bettysmead Playing fields and ending at St Katherine's Priory stopping at PokéStops, battling gyms, taking on raids and sharing tips.

St Katherine's Community Cafe will be open to enjoy refreshments

All ages welcome. Children must be accompanied by an adult.
Weather Dependant

Contact: ☎ 07966 992 393 📧 jemima.moore@eci.org.uk 📱 Jemima Moore -Whipton

www.wellbeingexeter.org.uk



CHRISTMAS Fayre
 AT ST KATHERINES PRIORY
 SUNDAY 22ND NOVEMBER 2026
 11 AM TO 3PM

LOCAL CRAFT STALLS
RAFFLE **MINIATURE TRAIN RIDES**
TOMBOLA **MODEL RAILWAYS**
LIGHT REFRESHMENTS
AVAILABLE
FREE ADMISSION

Stoke Hill Community Association
 Charity number 283907
 St Katherine's Priory, St Katherine's Road EX4 7JY
 WWW.STKATHERINESPRIORY.CO.UK
 SHCAevents1978@GMAIL.COM



Celebrate Christmas with us this season

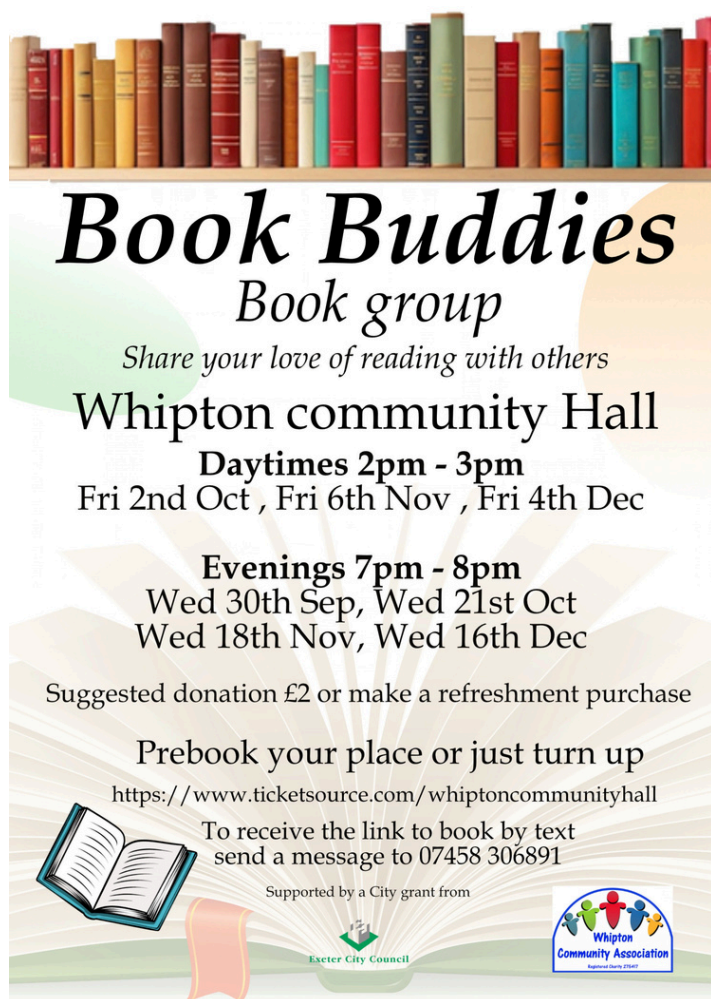
Grant Funded by
 Exeter City Council

Over 60s Christmas lunch

Pre book only

Whipton Community Hall
Friday 4th December 1230 for 1pm
Traditional cooked Christmas lunch & dessert
A glass of non alcoholic wine/soft drink or bring your own
Followed by coffee & mince pie
Pre book only – limited to 30 spaces
£4 per person
Book your space

www.ticketsource.com/whiptoncommunityhall
 or Contact 07458 306891 by message for assistance



Book Buddies
 Book group

Share your love of reading with others

Whipton community Hall
Daytimes 2pm - 3pm
 Fri 2nd Oct, Fri 6th Nov, Fri 4th Dec

Evenings 7pm - 8pm
 Wed 30th Sep, Wed 21st Oct
 Wed 18th Nov, Wed 16th Dec

Suggested donation £2 or make a refreshment purchase

Prebook your place or just turn up
<https://www.ticketsource.com/whiptoncommunityhall>
 To receive the link to book by text send a message to 07458 306891

Supported by a City grant from
 Exeter City Council

Whipton Community Association



BOARD GAMES AFTERNOON

Whipton community hall
 Saturday 24th Oct & Sunday 15th Nov
 1pm - 4pm

Bring your favourite games
 Meet new people or bring friends
 Small selection of games available
 Snacks and drinks available
 Currently over 14's only

Book your place
www.ticketsource.com/whiptoncommunityhall
£2.50 per person

Supported by a city grant from
 Exeter City Council



What's on: Whipton

Monday

- 10:00am-12:00pm Volunteer Gardening & Maintenance - St Katherine's Priory
- 1:30pm-3:30pm Whist (Part of Isca Bowls) Isca Centre
- 7:00 pm The Junction 72A Model Railway Club - St Katherine's Priory - Membership

Tuesday

- 10:00am-3:00pm Exeter and District Model Engineers - St Katherine's Priory
- 10:00am-12:00pm Whipton Sewing and Craft Group fortnightly - Whipton Community Hall £3
- 1:30pm Whist Drive (Fortnightly) - St Katherine's Priory
- 6:15pm The Bridge Club Isca Centre - contact 01392 462833
- 6:30pm Taster Sessions- Isca Indoors Bowling club, Isca centre- First session free
- 7:00pm-8:00pm Women on the Run - Exeter Arena £2
- 7:15pm-9:30pm Social League Skittles - Whipton Social Club - Membership
- 8:30pm-11:00pm Tuesday League Darts - Whipton Social Club - Membership

Wednesday

- 9:30am-12:00pm Painting for Pleasure - Whipton Hall £4
- 10:00am-12:00pm Community Coffee Morning - The Star Inn, Whipton
- 3:00pm-4:30pm School Run Café - St Boniface Church
- 5:00pm-6:00pm Premier League Kicks - St James School (ages 11-18 yrs) -Free
- 6:45pm-10:30pm Free Pool - Whipton Social Club - Membership
- 7:00pm-8:00pm Book Buddies - Whipton Community Hall -Monthly -07458 306891
- 7:00pm-9:00pm Woman's Netball - St James School £6

Thursday

- 10:00am-11:30am -Parent and Toddler Group - Whipton Chapel -Free
- 11:00am-11:45am Age UK Seated Exercise - Whipton Hall £7
- 6:45pm-9:00pm Bingo - Isca Centre
- 7:00pm-8:00pm Walking Netball - St James School £3
- 7:00pm-9:30pm The Junction Model Railway Club - St Katherine's Priory
- 7:30pm-9:00pm Community Voices Choir. Alternate Thursdays - Whipton Community Hall communityvoiceschoir@gmail.com £3.50
- 7:30pm-9:30pm Prize Bingo - Whipton Social Club - £1 per book

See venue information on the last page.



What's on: Whipton

Friday

- 10:00am-2:00pm Community Café - St Katherine's Priory
- 11:00am-12:00pm Whipton IT Support -Free Drop In - St Katherine's Priory- 2nd Friday of the month
- 2:00pm-3:00pm Book Buddies - Whipton Community Hall - Monthly- contact 07458 306891
- 4:30pm-5:30pm - Isca Church & Police Youth Football Academy - St James School- Free
- 6:00pm-7:00pm - Whipton Football FC - Willowbrook School (Under 8's) Free
- 6:00pm-7:30pm Launch Pad Children's club - Willowbrook School
- 6:15pm - Junior Youth Group (Year R - Year 6) - Whipton Chapel
- 7:45pm - Senior Youth Group (Year 7 - Year13) - Whipton Chapel info@whiptonchapel.org
- 6:30pm - Prize Bingo - St Katherine's Priory (first Friday) £1 per book
- 7:00pm-8:00pm - Walking Football - St James High School £10 per month
- 6:45pm-9:00pm- Tag Rugby- Exeter Arena £5
- 7:15pm and 9:00pm Skittles (in house league) Whipton Social Club - Membership
- 7:30pm-11:00pm Darts - Whipton Social Club - Membership

Saturday

- 11:00am-2:00pm Craft & Chat - St Katherine's Priory (first Saturday of the month) £3
- 7:00pm Quiz Night St Katherine's Priory email st.katherinespriory@gmail.com £5

Sunday

- 11:00am-3:00pm Exeter Miniature Railway - St Katherine's Priory (first Sunday of every month)
- Sunday Evening -Dragon Slayers - Whipton Social Club. Contact 07860 375557
- 6:30pm Monthly Free Meal - Whipton Chapel

What else would you like to see in Whipton?



I've heard some fantastic ideas from local residents recently, including house plant cutting swap sessions, a women's group and stargazing. There's clearly a lot of imagination, enthusiasm and care in the community.

If any of these sound like something you'd like to be part of, I can help connect you with others and offer support to get things started. Or if you have a different idea for a group or event you'd love to make happen, I'm here to help. Just get in touch!

Venue Contact Details

- St Katherine's Priory, EX4 7JY, Email: st.katherinespriory@gmail.com Tel: 07708444126
- Whipton Hall, EX4 8AF. Email: admin@whiptonhall.com Tel: 07458 306891
- Whipton Social Club, EX4 8AW Tel: 01392 201273 - Yearly membership is £12 - first 3 visits free.
- Isca Centre, EX4 8NT Email: isca@exeter.gov.uk Tel: 01392 265390
- Whipton Chapel EX4 8AF Email: info@whiptonchapel.org Tel: 07720465645.
- St Boniface, EX1 3JH Email: info@whipton.church Tel: 01392 322108
- Exeter Arena, EX4 8NT Email: arena@exeter.gov.uk Tel: 01392 265390
- The Star, EX4 8AW Tel: 07497 578 665
- St James School, EX4 8NN Email: reception@stjamesexeter.co.uk Tel: 01392 209922
- Willowbrook School, EX4 8NN Email: willowbrook@ventrus.org.uk Tel: 01392 46620



Over the next ten years, £20 million of government funding will be available to help shape the future of our neighbourhood through the Pride in Place programme. A Neighbourhood Board made up of local people has now been created to help shape how the funding is used.

The Pride in Place team explains:

"Pride in Place is a programme that helps local people have a stronger voice in shaping the future of their neighbourhood. By bringing together residents, community groups, businesses and local organisations, the programme aims to understand what matters most to the community and identify opportunities to improve the area. There will be a variety of ways to get involved, giving residents the chance to share their views and ideas."

To find out more and hear about upcoming opportunities to participate, contact the Pride in Place team directly at PrideinPlace@exeter.gov.uk.

Useful contacts

Exeter City Councillors

- Liz Pole - cllr.liz.pole@exeter.gov.uk
- Ruth Williams - cllr.ruth.williams@exeter.gov.uk
- Tony Payne - cllr.tony.payne@exeter.gov.uk

Report a problem- Exeter City Council

<https://exeter.gov.uk/clean-safe-city/>

Devon Country Councillor:

- Jack Eade - jack.eade@devon.gov.uk

Report a problem- Devon Country Council

<https://www.devon.gov.uk/roads-and-transport/report-a-problem/>

Useful Information

- Parental Minds gives support to families who are struggling with their mental health <https://parentalminds.org.uk/>
- Tel: 07907 614 516
- Domestic Violence Splitz Devon Helpdesk
- Tel: 0345 1551074.
- Talk works Tel: 0300 555 3344 www.talkworks.dpt.nhs.uk
- Mental Health Mind charity
- Tel: 0300 123 3393
- The Moorings @ Exeter - Out of hours mental health support for 18+. www.mhm.org.uk/moorings-exeter
- Tel: 07990 790 920
- Andy's Man Club - Talk through problems that men face. Monday evenings, 7pm. www.andysmanclub.co.uk/
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team / Care Direct Tel: 0345 1551 007
- Out of hours Emergency Duty Team: 0345 600 0388
- NHS Chat Health - Health Visitor confidential text messaging service Tel: 07520 631 721
- Home-Start - Support for families with young children www.homestarteemd.org.uk
- Exeter Food Bank exeterfoodbank.co.uk/

About Wellbeing Exeter



Wellbeing Exeter

Wellbeing Exeter is a collaborative partnership of organisations working together to promote and improve the wellbeing of people individually and in their neighbourhoods, to make the community a better place to live.

Community Connecting	Community Building	Community Physical Activity Organisers	Community Engagement
One to one support for adults in Exeter plus adults, families 	Support people in their local neighbourhood to grow their ideas and try new things that bring people together 	Connect people to become more active and support neighbourhoods to get physical activity ideas off the ground 	Project Coordinators work with communities and local networks in priority areas to meet specific needs by creating new opportunities in walking, cycling, leisure services, and community engagement 

Find out what's on locally at our new website:
www.yourlocalexeter.org.uk




www.wellbeingexeter.org.uk

Whipton Community Builder (CB)

Name: Jemima Moore (Whipton)

Phone: 07966 992 393

Email: jemima.moore@eci.org.

Facebook: Jemima Moore Community Builder [Click here](#)

Community Physical Activity Organiser (CPAO)

Name: Charlotte Flavell

Phone: 07926 127824

Email: charlotte.flavell@ecct.co.uk

Facebook: Exeter North- Community Physical Activity Organiser - click [here](#)