

Family Resource

Family Resource works alongside parents and children affected by crime and domestic abuse, and the challenges this can create in family life. Through practical, emotional and trauma-informed support, we help families feel safer, more confident and better equipped to lead calm, happy family lives.

The Family Resource Project offers tailored support to parents and children across Devon and Cornwall, including support around neurodivergence, school attendance, mental health and trauma stabilisation.

Our Year in numbers

76

Families
Supported

146

People
Supported

2,969.5

Hours of
Support

"I feel more
confident,
happier and
more at
peace."

A young child smiles while taking
part in an activity

100%
Families felt
heard

The difference we made

78% said they had more tools or headspace to manage their own or their children's emotions.

78% said they had more hope for their own and/or their family's future.

78% felt they had a plan of action going forward and the confidence to work with it.

What families told us

"My son couldn't leave the house when we started working together. Now he gets the bus into Exeter, he's going to college and socialising. He's doing sleepovers — it's really good."

89%

Better able to
manage

"I have a better connection with my children now. I recognise my own boundaries and I feel confident making decisions. I have much more peace with difficult experiences I have had. I am much happier in myself and about my situation."

From feeling overwhelmed to feeling heard, supported and confident. Families told us that advocacy with schools and other services, improved family relationships and greater confidence were some of the biggest differences made through Family Resource support.

In partnership with



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