



## Hello from Bernice!



Summer is here and a great time to get out and enjoy the green spaces around Wonford. Ludwell Valley and the Northbrook are lovely to walk around especially in the heat we have had as the trees provide lots of cool shade. It has been lovely getting out and about this month and meeting so many great residents. The Get Well Festival was a success

and it was lovely to see so many residents enjoying themselves. So if you've got a great idea for your street or neighbourhood, be it a community garden or a little library, but don't know how to start, I can support you to turn it into a reality. Equally, if you've got an event or activity you'd like to feature in this newsletter, or you'd like to get involved in any of the activities highlighted, do get in touch. You'll find my contact details on the back page!

Best wishes

*Bernice*

Bernice

## This issue

Page 1

- Introduction

Page 2

- Wonford Health Matters  
Feel Good Festival
- Out and About in Wonford

Page 3

- Ed Shaw, Community Physical  
Activity Organiser

Page 4-5

- Community Events

Pages 6-7

- What's On

Pages 8

- Custard Town
- Support and Useful Information

Page 10

- Wellbeing Exeter
- Contact Details

## Listening Post

Listening is an important part of a Community Builder's work. Here's what residents said when meeting me out and about:

"My children have really enjoyed all the activities." a parent at the Feel Good Festival

"It's great seeing so many residents enjoying themselves." ECC CLLR at the Feel Good Festival

"I love living in the Lane as it is a real sense of community."

"The Community Centre's Saturday Cafe is great plus the surplus food really helps!"

## Wonford Health Matters Feel Good Festival

The local community group Wonford Health Matters held its first Feel Good Festival on the 16<sup>th</sup> June, and it was a great success. The group were joined by a wide range of groups and organisations offering entertainment, taster sessions and information. I had some interesting conversations with residents about arts and craft activities they would be interested in joining plus some really talented residents that would be interested in supporting to make it happen.



## Out and about in Wonford

I have been out and about this month with my colleague Ed door knocking and we had some great conversations about what people love about the area. I have also supported Amersham Court residents to restart a coffee morning in their community room, and we have had lots of laughter and chats about where it can lead to!



# Ed the Community Physical Activity Organiser



E: [edward.shaw@ecct.co.uk](mailto:edward.shaw@ecct.co.uk)  
T: 07736 918281  
FB: CPAO Exeter South



Hello! I'm Ed, the Community Physical Activity Organiser for Exeter South, covering Wonford and the surrounding area. I support residents to connect with local physical activity opportunities and help bring community ideas to life.

Together with Bernice we've continued working with Devon Wildlife Trust to support community involvement in Northbrook Park. This has included a wet but fun Discovery Day in the park, as well as listening events at Wonford Community Centre where residents shared their ideas about the future of the space.

We've also been supporting the start of a new coffee morning at Amersham Court, spreading the word to local residents and exploring opportunities for future activities. We're looking at the possibility of reintroducing seated exercise sessions, helping more people to stay active in a way that works for them.

Bernice and I have also heard from residents about another local green space they would like to improve. We've been knocking on doors in the area to gauge interest and have been really encouraged by the conversations we've had so far. We're now planning a community pop-up event to bring residents together and explore what could happen next.

Looking ahead, we'll be visiting the Wynstream School Fayre, helping Devon Wildlife Trust with a litter pick in Northbrook Park and attending the Inclusive Exeter Family Fun Day. If you see us there, please do come and say hello and as always, if you have an idea for your community or would like to find out more about local activities please get in touch.





**Northbrook Park  
community litter pick**

**Thursday 16th July | 10am - 12pm**  
Northbrook Park, Topsham Road, Exeter

Join Devon Wildlife Trust for a relaxed community litter pick and walk around Northbrook Park, exploring the transformation of this former golf course into an urban nature reserve. Meet others, discover local nature and help care for this special green space together.

All welcome, including well-behaved dogs on leads. Paths on site are accessible and suitable for mobility scooters. Litter picking kit provided.

No booking required - meet in the old car park off of Topsham Road at 10am (what3words:///hotel.glass.goat)



## Surplus Saturdays FREE Food Surplus

Free Food Surplus from the Neighbourly Scheme.  
Saturday mornings from 11am - 2pm  
(times may vary depending on bookings)  
*At the back of the community centre overlooking the park*



Join our Whatsapp Announcement Channel to get updated when we get a delivery.

The announcement channel is public, personal details are not shared with anyone.



Use this link or scan the QR code to join.  
<https://whatsapp.com/channel/0029VbC9eC9Fy724SND3P2K>

Surplus Food Updates for  
Wonford Community Centre - Exeter



# SUMMER FEST 2026

*Fun. Community. Together.*

|                                                                                     |                                |                                                                                                                                                                                                                                                    |
|-------------------------------------------------------------------------------------|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <b>SPORTS DAY</b>              |  <b>4 JULY 2026</b><br> Wonford Playing Fields, Exeter                       |
|  | <b>COMMUNITY FAMILY PICNIC</b> |  <b>12 JULY 2026</b><br> Cockington Country Park, Torquay                    |
|  | <b>FAMILY FUN DAY</b>          |  <b>1 AUGUST 2026</b><br> Wonford Community Centre and Playing Field, Exeter |
|  | <b>FAMILY FUN DAY</b>          |  <b>8 AUGUST 2026</b><br> Clyst St Mary Village Hall, Exeter                 |
|  | <b>SPORTS FESTIVAL</b>         |  <b>15 AUGUST 2026</b><br> Sports Park, University of Exeter, Exeter         |

 **COMMUNITY FUND**  
[www.inclusiveexeter.org](http://www.inclusiveexeter.org)

 **Exeter City Council**  
[admin@inclusiveexeter.org.uk](mailto:admin@inclusiveexeter.org.uk)

[facebook.com/inclusiveexeter](https://facebook.com/inclusiveexeter)

## FANCY A FREE BREW AND CHAT?

EVERY MONDAY 7-9PM (EXCEPT BANK HOLIDAYS)



Fancy a free brew and chat? ☕

Our **Andys Man Club** groups are a safe, non-judgemental space for guys to talk. They run every Monday 7-9pm (excluding bank holidays) for any man 18+.

Why not come along to the **Wonford Community & Learning Centre Ltd** or **Exeter City Football Club** this Monday for a brew and chat? There's no pressure to talk, you can simply sit and listen.



THE OLIVE PROJECT

## GLOBAL BUBS & TOTS

Every Wednesday  
11am - 12:15pm

Big Play Room @ Exeter Family Hub,  
Chestnut Centre,  
Magnolia Ave, Exeter  
EX2 6DJ

Playgroup for newborns to preschoolers, and a place for mums from the global community to connect and feel supported.

Any questions, contact 0333 049 5030  
or [marina@theoliveproject.uk](mailto:marina@theoliveproject.uk)

**FREE**

\*Refreshments provided!



## Drop-in Service

Free Service

Tuesdays & Thursdays  
9:30 am - 1.30 pm

At Southernhay URC Church, EX1 1QD

**WELCOMES PEOPLE FROM ETHNICALLY DIVERSE BACKGROUNDS, WHOSE FIRST LANGUAGE IS NOT ENGLISH.**

Get friendly, confidential and informal help with completing forms, dealing with utility companies or other public services.

We recommend you make an appointment if possible, as time can be restricted  
☎ 07360 813133

[admin@inclusiveexeter.org.uk](mailto:admin@inclusiveexeter.org.uk)



EXETER PICKLEBALL CLUB PRESENTS



## EXETER PICKLEBALL YOUTH CLUB

A CROSS BETWEEN BADMINTON, TENNIS AND TABLE TENNIS

**WONFORD SPORTS CENTRE**

**FRIDAYS 19:15-20:15**

**9-13 YEARS OLD**

**£5 PER SESSION OR £2 FOR WONFORD CHILDREN**



**LED BY LEVEL 1 IPTPA QUALIFIED COACH, TIM**  
**SUPPORTED BY BETH**  
FULLY INSURED AND ENHANCED DBS CHECKED

**SIGN UP ON**

**[WWW.EXETERPICKLEBALLCLUB.CO.UK](http://WWW.EXETERPICKLEBALLCLUB.CO.UK)**

ALL EQUIPMENT PROVIDED





# What's on: Wonford July 2026

## Monday

- **9.15am-10.30am** Baby & Toddler Group - Chestnut Nursery. No Charge. Contact the nursery on 01392 284990 Term time only
- **9.30am-10.30am** Pilates - Wonford Community & Learning Centre. Cost £5. Contact Nic Gardner 07792 586540
- **11.30am-12.30pm** Bone Health Exercise Class - Wonford Community & Learning Centre. Cost £7. Contact Chris Bundy 07980916319
- **2.00pm-3.00pm** Seated Exercise Class - Grandisson Court Community Room. No charge.
- **1.30pm-3.30pm** Line Dancing - Wonford Community & Learning Centre. Cost £5. Call Monica 07498452393
- **7.00pm** Andy's Man Club. Talking group for men - WCLC, Pheonix Suite. Free. Contact [info@andysmanclub.co.uk](mailto:info@andysmanclub.co.uk)
- Music Centre at Wynstream School . Available to all children of primary school age. Choir and Music groups. Free of charge. Contact 01392 284990

## Tuesday

- **11.00am-12.00pm** Wonford Walking Football - Wonford Sports Centre. Cost £5. Book online [www.exetercct.org.uk](http://www.exetercct.org.uk)
- **12.00pm-4.00pm** Krafty Kafe - Amersham Court Community Room. Cost £2
- **7.45pm-9.00pm** Line Dancing - Wonford Community & Learning Centre. Contact Monica 07498452393
- **10.00am-12.00pm** Community Pantry. Free food collection - Wonford Community & Learning Centre. Free; no vouchers needed. Donations welcome.

## Wednesday

- **9.00am-11.00am** Wynstream Toddler group. **Term time only**
- **10.15am** Wonford Walking Group - Meet outside WCLC. 30 minute walk, tea and coffee after. Cost £1. Contact Claire 01392 824752 or email [claire.ridge@westbank.org.uk](mailto:claire.ridge@westbank.org.uk)
- **10.00am-12.00pm** Wonford Community & Learning Centre Community Cafe. Free entry
- **1.30pm** Wednesday Club - Wonford Community & Learning Centre. Cost £6 per year for membership of centre. Contact 01392 217868

## Thursday

- **9.30am-10.30am** Pilates - Wonford Community & Learning Centre. Cost £5. Contact Nic Gardner 07792 586540
- **10.30am-12.00pm** Wonford Community & Learning Centre Community Cafe. Free entry



# What's on: Wonford April 2026

## Friday

- **9.30am** Toddler Group - Wonford Methodist Church. No Charge. All Welcome.
- **10.30am** Walking Group - Meet at Grandisson Court.
- **2.00pm-4.00pm** Age Uk Tea Dance - Wonford Community & Learning Centre. Cost £4.50 to include refreshments.
- **8.15pm-9.45pm** Pickleball. New and accessible sport for all ages. Wonford Sports Centre. Cost £3.50. [exeterpickleballclub@gmail.com](mailto:exeterpickleballclub@gmail.com)

## Saturday

- **10.30am-12.30pm** Wonford Welcome - Wonford Methodist Church. Chat, games, crafts. Free hot meal in Winter, cold in Summer. No booking needed.
- **10.30am** Wonford Planters. Voluntary Gardeners for Wonford. No Charge. Contact 07305872540
- **4.30pm-5.30pm** Martial Arts. Adults and Children. Run by Inclusive Exeter. For ages 6+. No Charge. Contact [koman8964@gmail.com](mailto:koman8964@gmail.com) or 07511897954

## Sunday

- **12.00pm** Badminton - Wonford Sports Centre. Run by Inclusive Exeter. Encouraging those from diverse ethnic and cultural backgrounds to join. No Charge. Contact Emdad 07534188343 or Al-Amin 07805063426
- **3.00pm-5.00pm** Pickleball. New and accessible sport for all ages - Wonford Sports Centre. Cost £3.50. [exeterpickleballclub@gmail.com](mailto:exeterpickleballclub@gmail.com)

## Contact Details for Venues and Classes:

- Wonford Community and Learning Centre - [wclc@outlook.com](mailto:wclc@outlook.com) 01392 217868
- Wonford Methodist Church - [minister@wonfordmethodistchurch.org.uk](mailto:minister@wonfordmethodistchurch.org.uk) 01392 256716
- Wonford Sports Centre - [wonford@exeter.gov.uk](mailto:wonford@exeter.gov.uk) 01392 265390
- [Info@andysmanclub.co.uk](mailto:Info@andysmanclub.co.uk)
- Inclusive Exeter - [admin@inclusiveexeter.org.uk](mailto:admin@inclusiveexeter.org.uk)
- Krafty Kafe - [Wonfordkraftykafe@gmail.com](mailto:Wonfordkraftykafe@gmail.com)
- Walking Group - [claire.ridge@westbank.org.uk](mailto:claire.ridge@westbank.org.uk) 01392 824752
- Pilates - Nic Gardner 07792 586540
- Pickle Ball - [exeterpickleball@gmail.com](mailto:exeterpickleball@gmail.com)
- Age Uk Tea Dance - WCLC 01392 217868
- Wonford Planters - Jenny 07305872540
- Martial Arts - [koman8964@gmail.com](mailto:koman8964@gmail.com) 07571897954 (Inclusive Exeter)
- Badminton - Emdad - 07534188343 Al-Amin - 07805063426 (Inclusive Exeter)

# Custard Town

Custard Town opened its doors on **2nd July** at Guildhall Shopping Exeter, and you can now book your adventure!

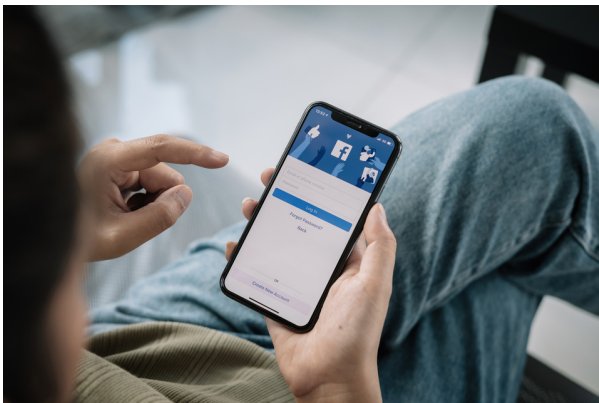
Designed for children aged 0-6 years, Custard Town is a safe, welcoming and imaginative play space where little ones can explore, create and play while families make memories together.

From creative play and sensory activities to teddy bears' picnics, discos and special events, there's always something exciting happening at Custard Town.

[Book here.](#)



## Get Social



Keep up-to-date by joining these local Facebook pages and groups.

- What Wonford Wants
- This is Wonford
- Wonford Planters
- Wonford Community & Learning Centre Ltd
- Wonford Methodist Church
- Wonford Sports Centre
- Wonford and Heavitree United Services Club
- Krafty Kafe - Wonford Community Craft Group
- Wonford Community Builder
- Tuesday 'Wonford Sports Centre Badminton Club'

## Useful Information

- Parental Minds gives support to families who are struggling with their mental health  
<https://parentalminds.org.uk/>  
Tel: 07907 614 516
- Devon Domestic Abuse Alliance  
<https://ddaa.org.uk/> Tel: 08082 816161
- Talk works Tel: 0300 555 3344  
[www.talkworks.dpt.nhs.uk](http://www.talkworks.dpt.nhs.uk)
- Mental Health Mind charity  
Tel: 0300 123 3393
- The Moorings @ Devon - Out of hours mental health support for 16+.  
[www.mhm.org.uk/the-moorings-devon](http://www.mhm.org.uk/the-moorings-devon)  
Tel: 07990 790 920
- Andy's Man Club - Talk through problems that men face. Monday evenings, 7pm.  
[www.facebook.com/AndysManClubExeter/](http://www.facebook.com/AndysManClubExeter/)
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team Tel: 01710 424000  
Out of hours Tel: 01720 422699
- Care Direct - 0345 1551 007
- NHS Chat Health - Health Visitor confidential text messaging service [www.chatline.nhs.uk](http://www.chatline.nhs.uk)
- Home-Start - Support for families with young children [www.homestarteemd.org.uk/](http://www.homestarteemd.org.uk/)
- Exeter Food Bank [exeterfoodbank.co.uk/](http://exeterfoodbank.co.uk/)



## Wellbeing Exeter

Wellbeing Exeter is a collaborative partnership of organisations working together to promote and improve the wellbeing of people individually and in their neighbourhoods, to make the community a better place to live.

### Community Connecting

One to one support for adults in Exeter plus adults, families



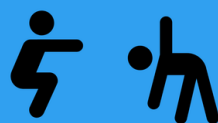
### Community Building

Support people in their local neighbourhood to grow their ideas and try new things that bring people together



### Community Physical Activity Organisers

Connect people to become more active and support neighbourhoods to get physical activity ideas off the ground



### Community Engagement

Project Coordinators work with communities and local networks in priority areas to meet specific needs by creating new opportunities in walking, cycling, leisure services, and community engagement



Find out what's on locally at our new website:  
[www.yourlocalexeter.org.uk](http://www.yourlocalexeter.org.uk)

[www.wellbeingexeter.org.uk](http://www.wellbeingexeter.org.uk)

**YOUR LOCAL  
EXETER**



## Wonford Community Builder

Bernice Endacott

Tel: 07966 992397

Email: [bernice.endacott@eci.org.uk](mailto:bernice.endacott@eci.org.uk)

Facebook: Wondford CB

## Community Physical Activity Organiser (CPAO)

Ed Shaw

Tel: 07736 918281

Email: [edward.shaw@ecct.co.uk](mailto:edward.shaw@ecct.co.uk)

Facebook: CPAO Exeter South