



Hello from Jemima!



It's been wonderful to see so much energy, generosity and community spirit over the spring months. People have been giving their time, ideas and enthusiasm to make good things happen locally, from the Whipton Tree Trail and Easter Trail to IT support sessions, Alex and the Entertainer, and the Whipton Community Mural Project. It's been a great reminder of what happens when people come together and get involved.

Now we're into summer, there's plenty to look forward to, including pop-up play sessions, a ranger walk from the Isca Centre, and Summer Fayres. It's also lovely to see new ideas such as Whipton on Wheels begin to take shape.

There's already so much happening, and it's inspiring to see people helping shape their community. If you have an idea for an activity, group or event you'd like support with, or would like help connecting with what's happening locally, please do get in touch. I'm here to support anyone who wants to try something new or get involved.

Best Wishes

Jemima

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Listening Post

Listening is an important part of a Community Builder's work. Here's what residents said at recent activities and events.

Loved this walk. How many times do we pass trees without stopping to appreciate them.

Wow! I love this mural! It's going to make this place feel so much better, uplifted and cared for.

Thank you so much for getting this set up. I've been lonely and it's great to find other local mobility scooter users.

I'm so glad that the kids got to get involved in Easter fun. The egg hunt and the egg and spoon races were great.

Whipton Tree Trail

In April, we enjoyed a lovely tree trail with local tree enthusiast Colin, exploring trees around the Whipton shops and Summerway Park, and learning some fascinating facts and about how to identify different species.

It was a great opportunity to discover more about the trees on our doorstep, and we hope to hold another tree trail during the summer. Watch this space for more information!



Whipton Defibrillator Easter Trail

The Easter Trail event was great fun, with families enjoying a trail, egg and spoon races, pin the tail on the bunny, a raffle and plenty of Pop-Up Play activities in Summerway Park.

The event raised money for the life-saving defibrillator at the Star Inn. Thank you to everyone who supported it.

The Whipton Defibrillator Group is always keen to welcome new members.



Community Celebrations

It's been wonderful to work with neighbours at Bennett Square, Widgey Road and Barberry Close to plan their Little Library summer celebration and a jumble trail.

I'm always keen to support neighbours to come together, share ideas and create opportunities to connect locally. If you would like support to bring people together where you live and build community in your area, please do get in touch.



Whipton Community Mural Project



The Whipton Community Mural Project has created two beautiful murals in our community with local artist Pete Poet, working alongside members of the community. Thank you to everyone who has come along and added to the murals.



The group is always keen to welcome more people to get involved, whether you are an artist who would like to help create murals, or someone who could support with permissions, planning and other practical elements.



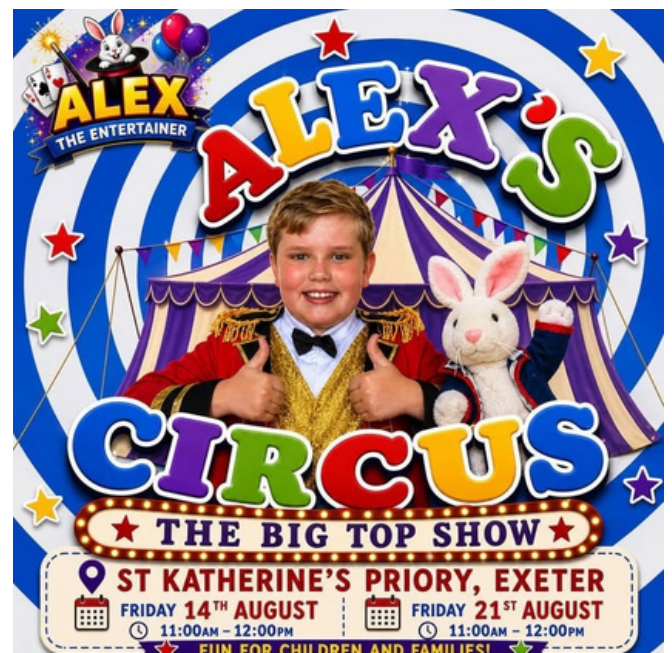
Plans are now underway for the next mural project, transforming the currently graffitied walls along the steps linking Pinhoe Road and Whipton Road. Watch this space!

Pop Up Play

Pop-Up Play will be back over the summer holidays! Here are some dates for your diary:

- **Tuesday 4 August, 11am-12pm** – Summerway Park. Join us and Anna from Killerton for fun nature-themed play activities.
- **Tuesday 11 August, 11am-12pm** – Lloyd's Crescent Play Area. Join us and Anna from Killerton for another nature-themed Pop-Up Play session.
- **Friday 14 August, 11am-12pm** – St Katherine's Priory. Come and enjoy Alex's Circus and Pop Up Play activities during the Community Cafe.
- **Friday 21 August, 11am-12pm** – St Katherine's Priory. Alex's Circus and I will be back for more fun during the Community Cafe.

We've also set up a WhatsApp group so families can arrange to meet up over the summer. The group can also help support more Pop-Up Play sessions in green spaces near where you live. If you'd like to join, please get in touch.



Whipton On Wheels



Whipton on Wheels launched this month with its first meeting at the Isca Centre. The group brings together mobility scooter and wheelchair users to socialise, share support, explore local routes and identify ways to make Whipton more accessible and inclusive.

Regular meet-ups and wheels around local areas are planned. To join the WhatsApp group and hear about upcoming meetings, please get in touch.

Whipton History Detectives

The Whipton History Detectives meet on Mondays to research and uncover stories from Whipton's past. The group recently visited the Devon Heritage Centre, where they learned more about the Whipton archive and explored records connected to the area's history. It was fascinating to discover how much historic information about Whipton is being carefully preserved, thanks to local people who collected and saved it many years ago.

The group currently has space for a new member. This would suit someone who enjoys research, is confident using IT, and would like to help uncover more of Whipton's history. If you're interested, please get in touch.



Whipton Shop Planters



Students from St James School have been working hard to care for the Whipton shop planters, supported by the Whipton Community Champions group. The group is also looking at replacing some of the missing trees in the tree spaces outside the shops.

To thank the shopkeepers who have kindly provided water for the plants, and to celebrate everyone's efforts, the students are holding a small thank you event on 7th July at 2pm. Members of the public are welcome to come along.

If you would like to help look after Whipton, the Whipton Community Champions group is always keen to welcome new members.

@StKatherinesPriory



at
St Katherine's Priory

Stoke Hill Community Association
CHARITY NO. 2839C

1st Friday of the month

Doors open.....6.30pm
Eyes Down.....7pm

Raffle tickets and tea/coffee at half time



St Katherine's Priory, St Katherine's Road EX4 7JY
www.stkatherinespriory.co.uk SHCABookings@gmail.com



WHIPTON BARTON FEDERATION
SUMMER FAYRE
WEDNESDAY
8th July
2pm-4pm

• FACE PAINTING • GAMES • BBQ AND FOOD •
• ICE CREAM • AND MORE •

SPACES STILL AVAILABLE FOR STALL HOLDERS
PLEASE CONTACT THE SCHOOL - 01392 466072
OR COMPLETE THE LINK IN THE POST

FREE

RANGER WALK

MEET NEW PEOPLE | STAY ACTIVE | ENJOY LOCAL NATURE
JOIN YOUR LOCAL COMMUNITY FOR A GUIDED SUNDAY STROLL. LED BY A NATIONAL TRUST RANGER TAKING US THROUGH NATURE IN ARENA PARK

SUNDAY 19.07.26

STARTING FROM THE ISCA CENTRE
SUMMER LN, EXETER EX4 8NT
MEET AT 16:30
FINISH AT 17:30



SCAN ME








FUN FOR THE WHOLE FAMILY
SUNDAY 19TH JULY 2026
FROM 11AM TO 3PM
ON SITE PARKING

LOCAL CRAFT STALLS

MODEL RAILWAYS

RAFFLE

MINIATURE TRAIN RIDES

BBQ

LIGHT REFRESHMENTS AVAILABLE

ALEX THE ENTERTAINER
FREE ADMISSION



**ST KATHERINES PRIORY, ST KATHERINES ROAD
EXETER EX4 7JY**

WWW.STKATHERINESPRIORY.CO.UK SHCAEVENTS1978@GMAIL.COM



Reflexology Taster

St Katherine's Community Café

11.00am-1.00pm - Friday 14th August

Alison from Rubicon Reflexology will be offering free taster hand reflexology sessions at St Katherine's Community Café. A lovely chance to relax, learn about reflexology, and take a moment for your wellbeing.

No booking needed - just come along.

Contact: ☎ 07966 992 393 📧 jemima.moore@eci.org.uk 📱 Jemima Moore -Whipton

www.wellbeingexeter.org.uk

DRAGON SLAYERS

Tatooine Manhunt

An adventure for use with STAR WARS: The Roleplaying Game



Role-playing games for Exeter residents aged 18+ struggling with their mental health. Based in Whipton. Contact 078603 75557



A friendly social group where you can bring along your own materials to work in a social atmosphere.

All mediums and abilities welcome

Table & refreshment provided

No booking needed just turn up

Wednesday's 9.30 - 12 midday

Whipton Community Hall

£4 per session

Any questions contact
admin@whiptonhall.com
or call Andrew 07806529123





What's on: Whipton

Monday

- 10am-12pm Volunteer Gardening & Maintenance - St Katherine's Priory
- 1.30pm-3.30pm Whist (Part of Isca Bowls) Isca Centre
- 7pm The Junction 72A Model Railway Club - St Katherine's Priory - Membership

Tuesday

- 10am-3pm Exeter and District Model Engineers - St Katherine's Priory
- 1.30pm Whist Drive (Fortnightly) - St Katherine's Priory
- 6.15pm The Bridge Club Isca Centre - contact 01392 462833
- 6.30pm Taster Sessions- Isca Indoors Bowling club, Isca centre- First session free
- 7pm-8pm Women on the Run - Exeter Arena £2
- 7.15pm-9.30pm Social League Skittles - Whipton Social Club - Membership
- 8.30pm -11pm Tuesday League Darts - Whipton Social Club - Membership

Wednesday

- 9.30am-12pm Painting for Pleasure - Whipton Hall £4
- 10am-12pm Community Coffee Morning - The Star Inn, Whipton
- 3pm-4.30pm School Run Cafe - St Boniface Church
- 5pm-6pm Premier League Kicks - St James School (ages 11-18 yrs) -Free
- 6.45pm-10.30pm Free Pool - Whipton Social Club - Membership
- 7pm-9pm Woman's Netball - St James School £6

Thursday

- 10.00am-11.30am -Parent and Toddler Group - Whipton Chapel -Free
- 11.00am-11.45am Age UK Seated Exercise - Whipton Hall £6
- 6.45pm-9.00pm Bingo - Isca Centre
- 7pm-8pm Walking Netball - St James School £3
- 7pm-9.30pm The Junction Model Railway Club - St Katherine's Priory
- 7.30pm-9pm Community Voices Choir. Alternate Thursdays - Whipton Community Hall
communityvoiceschoir@gmail.com £3.50
- 7.30pm-9.30pm Prize Bingo - Whipton Social Club - £1 per book



What's on: Whipton

Friday

- 10.00am-2.00pm Community Café - St Katherine's Priory
- 11.00am-12.00pm Whipton IT Support -Free Drop In - St Katherine's Friday - 2nd Friday of the month
- 12.30pm-1.30pm Family History Research - Free Drop In - St Katherine's Priory 1st Friday of the month
- 4.30pm-5.30pm - Isca Church & Police Youth Football Academy - St James School- Free
- 6.00pm-7.00pm - Whipton Football FC - Willowbrook School (Under 8's) Free
- 6.00pm-7.30pm Launch Pad Children's club - Willowbrook School
- 6.15pm - Junior Youth Group (Year R - Year 6) - Whipton Chapel
- 7.45pm - Senior Youth Group (Year 7 - Year13) - Whipton Chapel info@whiptonchapel.org
- 6.30pm - Prize Bingo - St Katherine's Priory (first Friday) £1 per book
- 7.00pm-8.00pm - Walking Football - St James High School £10 per month
- 6.45pm-9.00pm- Tag Rugby- Exeter Arena £5
- 7.15pm and 9.00pm Skittles (in house league) Whipton Social Club -Membership
- 7.30pm-11.00pm Darts - Whipton Social Club - Membership

Saturday

- 11am-2pm Craft & Chat - St Katherine's Priory (first Saturday of the month) £3
- 7pm Quiz Night St Katherine's Priory email st.katherinespriory@gmail.com £5

Sunday

- 11am-3pm Exeter Miniature Railway - St Katherine's Priory (first Sunday of every month)
- Sunday Evening -Dragon Slayers - Whipton Social Club. Contact 07860 375557
- 6.30pm Monthly Free Meal - Whipton Chapel

What else would you like to see in Whipton?



I've heard some fantastic ideas from local residents recently, including a women's group, book club, jumble sale, butterfly walk, Teddy Bear's Picnic, music sessions, art exhibition and monthly meal. There's clearly a lot of imagination, enthusiasm and care in the community.

If any of these sound like something you'd like to be part of, I can help connect you with others and offer support to get things started. Or if you have a different idea for a group or event you'd love to make happen, I'm here to help. Just get in touch!

Useful contacts

Contact Details for Venues

- St Katherine's Priory, EX4 7JY, Email: st.katherinespriory@gmail.com Tel: 07708444126
- Whipton Hall, EX4 8AF. Email: admin@whiptonhall.com Tel: 07458 306891
- Whipton Social Club, EX4 8AW Tel: 01392 201273 - Yearly membership is £12 - first 3 visits free.
- Isca Centre, EX4 8NT Email: isca@exeter.gov.uk Tel: 01392 265390
- Whipton Chapel EX4 8AF Email: info@whiptonchapel.org Tel: 07720465645.
- St Boniface, EX1 3JH Email: info@whipton.church Tel: 01392 322108
- Exeter Arena, EX4 8NT Email: arena@exeter.gov.uk Tel: 01392 265390
- The Star, EX4 8AW Tel: 07497 578 665
- St James School, EX4 8NN Email: reception@stjamesexeter.co.uk Tel: 01392 209922
- Willowbrook School, EX4 8NN Email: willowbrook@ventrus.org.uk Tel: 01392 466208

Exeter City Councillors

- Liz Pole - cllr.liz.pole@exeter.gov.uk
- Ruth Williams - cllr.ruth.williams@exeter.gov.uk
- Tony Payne - cllr.tony.payne@exeter.gov.uk
- Report a problem- Exeter City Council

<https://exeter.gov.uk/clean-safe-city/>

Devon Country Councillor:

- Jack Eade - jack.eade@devon.gov.uk
- Report a problem- Devon Country Council

<https://www.devon.gov.uk/roads-and-transport/report-a-problem/>

Useful Information

- Parental Minds gives support to families who are struggling with their mental health <https://parentalminds.org.uk/> Tel: 07907 614 516
- Domestic Violence Splits Devon Helpdesk Tel: 0345 1551074.
- Talk works Tel: 0300 555 3344 www.talkworks.dpt.nhs.uk
- Mental Health Mind charity Tel: 0300 123 3393
- The Moorings @ Devon - Out of hours mental health support for 16+. www.mhm.org.uk/the-moorings-devon Tel: 07990 790 920
- Andy's Man Club - Talk through problems that men face. Monday evenings, 7pm. www.facebook.com/AndysManClubExeter/
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team Tel: 01710 424000 Out of hours Tel: 01720 422699
- Care Direct - 0345 1551 007
- NHS Chat Health - Health Visitor confidential text messaging service www.chatline.nhs.uk
- Home-Start - Support for families with young children www.homestarteemd.org.uk/
- Exeter Food Bank exeterfoodbank.co.uk/

Steve Race MP

HELP SHAPE THE FUTURE OF HEAVITREE EAST AND WHIPTON

Apply to be the Independent Chair of the new Pride in Place Neighbourhood Board

- Guide £20 million of investment into the area
- Lead the Pride in Place Neighbourhood Board
- Champion local voices and community-led decision making
- Shape the future of our communities

Apply now:

Lets get moving

As a Community Physical Activity Organiser, my role is to help people find achievable ways to move more and feel better.

It's easy to worry about not fitting in or not feeling "fit enough." I've heard that echoed by many and what I'm coming to understand is that it's rarely about ability, but instead knowing where to begin and finding an environment that enables you to feel confident.

Across North Exeter, there are various free and low-cost ways to get moving. A big part of what I do is helping others discover what's out there and connect them with activities at their own pace.

It is clear how powerful physical activity can be in bringing people together. I'm regularly inspired by residents that are creating welcoming, inclusive spaces where others can join and feel part of something.

If you would like the opportunity to move more and feel more connected to your community, please get in touch by referring on the Wellbeing Exeter website.

Charlotte Flavell, Community Physical Activity Organiser

LOCAL PHYSICAL ACTIVITY GROUPS

- WHIPTON BARTON SCHOOL**
WOMENS BOXERCISE First Session Free
 A supportive female-only Boxercise class to improve fitness and confidence. Beginner friendly and all equipment provided
 Mondays 06:00PM - 06:50PM
 07521 088887
 coach_j_bryant
- ISCA CENTRE**
EXERCISE REFERRAL SCHEME GP Referral
 For those who are not regularly active and have health problems, this is an opportunity to improve health and well-being, regardless of ability or experience. If you meet the criteria, a GP or Health Practitioner can refer into the scheme. You will receive a gym induction, bespoke programme, supported gym sessions/classes and health assessment
- EXETER ARENA**
EXETER HARRIERS £80 Annually
 Mixed ability Athletics Club, offering coaching in sprints, hurdles, endurance running, throws, jumps and multi-events.
 Tuesdays & Thursdays 07:00PM
 Contact: welcomedesk@exeterharriers.org.uk
 Exeter Harriers Athletic Club
- WHIPTON COMMUNITY HALL**
SEATED EXERCISE £6.50
 AGE UK: seated exercise group for a fun introduction to fitness or to continue to build a stronger you!
 Thursdays 11:00 AM - 11:45AM
 Contact: 01392 202092
- BETTYSMEAD PARK**
EVOLVE EXETER £5
 Women's Bootcamp in the park. Aimed to build strength and confidence
 Saturdays 08.30AM
 Evolve Exeter
- EXHIBITION FIELDS**
EXETER SARACENS RFC WOMEN FREE
 Introduction to womens Ruby sessions for total beginners and returning players. Weekly Tuesday sessions from June to September
 Starting 06/06/2026 at 06:00PM - 07:00PM
 Exeter Saracens RFC Womens Team

WELLBEING EXETER

Community Physical Activity Organiser (CPAO)

Name: Charlotte Flavell

Phone: 07926 127824

Email: Charlotte.Flavell@ecct.co.uk

Facebook: CPAO Exeter North

Community Builder

Name: Jemima Moore (Whipton)

Phone: 07966 992 393

Email: jemima.moore@eci.org

Facebook: Jemima Moore Community Builder [Click here](#)



Wellbeing Exeter

Wellbeing Exeter is a collaborative partnership of organisations working together to promote and improve the wellbeing of people individually and in their neighbourhoods, to make the community a better place to live.

Community Connecting

One to one support for adults in Exeter plus adults, families



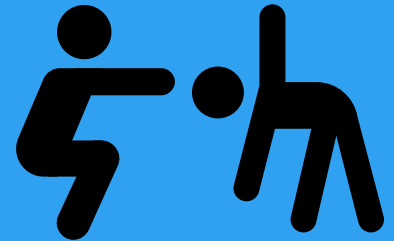
Community Building

Support people in their local neighbourhood to grow their ideas and try new things that bring people together



Community Physical Activity Organisers

Connect people to become more active and support neighbourhoods to get physical activity ideas off the ground



Community Engagement

Project Coordinators work with communities and local networks in priority areas to meet specific needs by creating new opportunities in walking, cycling, leisure services, and community engagement



Find out what's on locally at our new website

www.yourlocalexeter.org.uk

**YOUR LOCAL
EXETER**



www.wellbeingexeter.org.uk