

Volunteer Opportunities in Exwick

Making a difference in your community

Introduction

Welcome to Volunteering in Exwick you are bound to find your perfect volunteering opportunity!



This lending a hand volunteer brochure gives you a flavour of how you can help out and get involved where you live.

This could be helping at a one-off school event or have a regular slot at a coffee morning, there are many ways you can volunteer and make a difference locally within existing charities, organisations, and groups in Exwick.

Take a look at some of the opportunities to get involved, and how to get in touch.

If you would like to feature in the next publication, or you have any ideas for your neighbourhood, then please get in touch with your Community Builder.

Rachel

Community Builder - Exwick

List of organisations

Exwick Community Association Exwick Two's Company Befriending Friends of St Thomas and Exwick Health Centre Exwick Heights School St Gabriel's C of E Primary School Exwick Cricket Club Exwick Youth Club



Exwick Community Association



Exwick Community Association is a small charity run by local people who want to help improve the area and create more opportunities for people living in Exwick. Over the years we have run events, helped with projects in the area, even hired people to put on classes and training. We work with and offer support to other groups who have similar aims.

There are lots of ways you can get involved from helping out at one off events or volunteering on a more regular basis. If you have an idea for an activity or event we'd love to hear from you. We are also setting up a small committee of local residents and hall users to run the Exwick Community Centre.

Volunteering opportunities available:

- Help run one off events, such as the Summer Fete, Christmas Fair, Litter Picks
- Fundraising, admin and social media
- Help develop a new newsletter for the area
- Running the Exwick Community Centre looking after bookings and opening up
- Maintenance jobs at the Community Centre improving things, painting and general repairs
- Leading new groups. If you have an idea for an activity you want to run we could help you get it started.

Contact

🕑 <u>eca@ewick.org</u>

- 🖸 Exwick Community Centre, Kinnerton Way, Exeter EX4 2PR
- Exwick Community Association



Two's Company

Exwick Two's Company Befriending is a befriending service aimed at adults who find themselves requiring some extra friendship and support, and this is provided through weekly home visits or telephone calls. We match volunteers with those who are referred to us and all volunteers are carefully selected, trained and vetted.



Volunteering opportunities available:

• Telephone Befriending & Weekly Home Visits

Contact

- exwick@twoscompany.org.uk
- 🛈 Chris Carter, Exwick Parish Hall 66, Station Road Exwick Exeter EX4 2AA

Friends of St Thomas Health Centre

The Friends of St Thomas Health Centre is made up of a brilliant group of volunteers who help and support many patients in the surgery and in the community. We are aware there are still many in our community who are vulnerable, isolated and need help. Could YOU help us, help them!

Volunteer opportunities:

- To help with Transport to medical appointments, to lunch clubs & to social get togethers
- Help at the Patient Social Get Together
- Help with teas & coffees in the surgery
- Befriending visiting a patient for a cup of tea in their own home or take them out
- Fundraising
- Baking cakes for patients get togethers & coffee mornings
- Help with light shopping

Contact

- C Denise 07791 51 45 65 or 01392 676676
- 🖸 denise.knowles@nhs.net
 - St Thomas Health Centre, Cowick Street, St Thomas, Exeter, EX4 1HJ





Exwick Heights Primary School

We love having volunteers in school and we welcome committed friends of Exwick Heights who wish to come in regularly. They are an important part of school life and we are grateful for the support.

Volunteering opportunities:

• Regular - volunteering to hear readers or garden, on a weekly basis -This will require ID, DBS and online training.

Contact

- 01392 209030
- 🖄 volutnteers@exwickheights.devon.sch.uk
- exwickheights.devon.sch.uk
- Exwick Lane, Exeter EX4 2FB



St Gabriel's C of E Primary School



At St Gabriel's C of E Primary School we continually strive for excellence and have the vision for all our children to become the best version of themselves.

We consider the school an important part of the community and would welcome volunteers to take part in any of the following activities.

Volunteering opportunities:

- Reading with our children
- Gardening Club
- PTFA
- Governors

Contact

- 01392 255555
- 🖸 admin.stgabriels@acexcellence.co.uk
- 🜐 www.stgabrielsprimary.org
- 🞧 St Gabriel's CofE Primary School, Landhayes Road, Exeter, EX4 2BY







Exwick Cricket Club

Exwick Cricket Club is a friendly inclusive cricket club based on Exwick Playing Fields. We have 2 Devon League Saturday teams, a midweek social team, a South Devon Sunday League team, Ladies softball team and a Ladies Super 8s Hardball team. We also have 45 5-11 year olds participating in All Stars and Dynamos Cricket programmes. In 2024 we are launching Under 9s and Under 11s cricket teams. We are all volunteers, and we would welcome anyone to the club.

Volunteer Opportunities:

- Play in one of our Devon league teams or join the midweek social team
- Coach or help run junior session
- Maintenance work on the pitch
- Umpire or Score
- Help run the BBQ and many more ways to get involved

Contact

- Simon exwickcc@outlook.com
- 🙆 www.exwickcricket.co.uk
- 🚯 Exwick Cricket Club



Exwick Youth Council

Exwick Youth Council was set up to provide opportunities for young people living in Exwick. It's led by young people for young people, aged 25 and under, who live in or attend school in Exwick. We currently deliver two youth club sessions a week on a Thursday evening. These take place at Exwick Community Centre - 4pm-5.45pm age 8yrs to year 6 and 6pm-7.45pm year 7+.

Volunteering opportunities available:

- Regular help needed for Youth Club session
- Join the Youth Council Committee

Contact



- 07941 648 059
- jules@inspiringarts.org
- Exwick Youth Council





Would you like further information about opportunities listed in this brochure?

Reach out to the groups listed or have a discussion with your community builder.

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