



Community Builders



Volunteer Opportunities in Cranbrook

Making a difference in your community

Introduction

Welcome to Volunteering in Cranbrook you are bound to find your perfect volunteering opportunity!



This lending-a-hand volunteer brochure gives you a flavour of how you can help out and get involved where you live.

This could be helping at a one-off school event or have a regular slot at a coffee morning; there are many ways you can volunteer and make a difference locally within existing charities, organisations and groups in Cranbrook.

Take a look at some of the opportunities to get involved, and how to get in touch.

If you would like to feature in the next publication, or you have any ideas for your neighbourhood, then please get in touch your Community Builder.

Andrea

Community Builder - Cranbrook

List of organisations

- Cranbrook Country Park
- Foodhub
- Speedwatch
- Cranbrook Park Run
- EX5 Alive
- Girl Guiding
- Cranbrook Education Campus
- Killerton National Trust
- East Devon Citizen Advice Bureau

Cranbrook Country Park



There are 2-3 volunteering sessions a month taking place within Cranbrook Country park. Most of the volunteer events take place during weekdays and occasionally in the weekend. Getting help from the volunteers is an important part of managing the country park. We send out invitations via email for volunteering opportunities, if you would like to be added to the mailing list please get in touch.

Volunteering opportunities available:

- Tree Planting
- Wild life counts
- Litter Picking

Contact

 01404 514552

 ranger@cranbrooktowncouncil.gov.uk

 <https://www.facebook.com/cranbrookranger>

 Cranbrook Town Council ,Younghayes Centre, 169 Younghayes Road, Cranbrook EX5 7DR

Foodhub

Cranbrook Foodhub is a welcoming and friendly place where people can come to for food and a cuppa . The team will welcome people and help with signposting for more support. We are part of Exeter Food Bank. Volunteering involves one 1.5 hour shift a month.



Volunteering opportunities available:

- Help out at the Food hub on Thursday Evenings either between 4:30-6pm or 6-7:30 pm.

Contact

 01404 823293 Ext 263

 <https://www.ex5alive.com/support>

 community@ex5alive.com

 Cranbrook Education Campus, Till house Road, Cranbrook Devon ,EX5 7EE



Cranbrook Speedwatch

Traffic is something that continues being of concern in Cranbrook and one way of tackling it is through an active Speed watch group and we need more members to be effective! When joining you will be trained to record details of speeding vehicles using handheld speed detection equipment. You will only have to commit to this to 2 hours a month and you will be doing it with other volunteers.



Volunteering opportunities available:

- Recording details of speeding vehicles

Contact

 01404 514552

 office@cranbrooktowncouncil.gov.uk

Cranbrook Park Run

The park run takes place on Saturday (adults) and Sunday (junior) mornings. All are welcome! Volunteering can be used for those working towards a Duke of Edinburgh award. Younger children are welcome to help out with a responsible adult. All roles support and encourage the runners, joggers and walkers as they complete their parkrun/parkwalk.



Volunteering opportunities available:

- Marshalling
- Timekeeping
- Barcode scanning
- Park walker and Tail walker

Contact

 07841824960

 <https://www.parkrun.org.uk/cranbrookcountrypark/>

 cranbrookcountrypark@parkrun.com

 <https://www.facebook.com/cranbrookparkrun>

EX5 Alive

We are EX5-Alive community hub and we are set within Cranbrook Education Campus . We are a community based hub where we aim to improve the quality of life within Cranbrook and the surrounding area. We are offering a variety of opportunities and with your help we would hope to offer more.



Volunteering opportunities available:

- Website management
- Administration
- Evening project support
- Community engagement

Contact

 01404 823293 Ext 263

 <https://www.ex5alive.com/>

 community@ex5alive.com

 Cranbrook Education Campus ,Till house Road , Cranbrook Devon ,EX5 7EE



Girl Guiding

With Girlguiding, girls have fun, adventure and the space to discover their potential! Our weekly Rainbow, Brownie and Guide meetings in Cranbrook are filled with activities that develop skills and give us the confidence to make a positive difference to the world.

Volunteering Opportunities:

- Supporting our Girlguiding leaders at our weekly meetings by helping out with activities on a regular basis
- For those interested in a volunteer leadership role we offer the opportunity to train as a qualified Girlguiding unit leader.

Contact

 Sharon Jewell (Girlguiding North Exe District Commissioner) GirlguidingNorthExe@gmail.com

 girlguidingexeter.org



Cranbrook Education Campus



Cranbrook Education Campus is a school rooted in its community where aspirational learning and opportunities transform the lives of our pupils. Part of being rooted in the community is to welcome volunteers and the skills they bring.

Volunteering opportunities available:

- Multiple opportunities from proof reading to exam invigilation

Contact

 01404 823 293

 Reception@cranbrook.education

 www.cranbrookeducationcampus.org.uk

 Tillhouse Road, Cranbrook, Exeter, Devon, EX5 7EE

Killerton National Trust




Volunteering at Killerton is a great way to meet people and learn new skills in beautiful surroundings. Whether volunteering on visitor reception, the house, gardens, retail or out with our ranger team, volunteers are at the heart of Killerton.

Volunteering opportunities available:

- Room Guides – all year round
- Collections Care – all year round
- Retail & Plant Centre Volunteer
- One-off' volunteering – outdoors team

Contact

 01392 883107

 killertonvolunteering@nationaltrust.org.uk

 myvolunteering - National Trust

 Killerton House, Broadclyst, Exeter, EX5 3LE



East Devon Citizen Advice



Citizen Advice East Devon is a community-based charity that is part of the national Citizens Advice network. Our aim is to be the independent advice service of choice for the people of East Devon. Our advice is free at the point of delivery, confidential, and tailored to the needs of our community. We enable people to move forward in times of challenge by giving them the knowledge and confidence to find a way forward.

Volunteering opportunities available:

- We have opportunities for people to meet and greet clients and make them feel welcome, we can offer full training to adviser levels

Contact

 [01395 265070](tel:01395265070)

 <https://www.citizensadviceeastdevon.org/work>

Barnados Charity Shop



Our shop sell donated & new goods to help raise vital funds to make a real difference to disadvantaged children, young people and families across the UK. We have lots of amazing stock donated to us every week, and this all needs to be sorted, tagged and put on the shop-floor for sale. Making sure our shops look fantastic is another task you can get involved with. You may also be required to help out on the till too, but we will show you how that works during your time volunteering with us.

Volunteering opportunities available:

- It would be great if you could volunteer one shift a week ,but we're always happy to be flexible to work around your availability

Contact

 volunteering@barnardos.org.uk

 <https://shop.barnardos.org.uk/volunteer>

 155 Younghayes Road, Cranbrook, Exeter, Devon, EX5 7DR, United Kingdom





Would you like further information about opportunities listed
in this brochure?

Reach out to the groups listed or have a discussion with
your community builder.

Andrea Bomanson Cranbrook