



Community Builders



Volunteer Opportunities in Alphington

Making a difference in your community

Introduction

Welcome to Volunteering in Alphington you are bound to find your perfect volunteering opportunity!



This lending-a-hand volunteer brochure gives you a flavour of how you can help out and get involved where you live.

This could be helping at a one-off school event or have a regular slot at a coffee morning; there are many ways you can volunteer and make a difference locally within existing charities, organisations and groups in St Thomas.

Take a look at some of the opportunities to get involved, and how to get in touch.

If you would like to feature in the next publication, or you have any ideas for your neighbourhood, then please get in touch your Community Builder.

Claire

Community Builder - Alphington

List of organisations

- Cowick Roots & Recreation
- Alphington Community Association
- Age UK Exeter
- Balloons
- bthechange CIC
- Bread of Life Outreach
- Children's Air Ambulance

Cowick Roots and Recreation



We are a small group working to improve Cowick Barton and Pines Gardens, around the green spaces, gardening and activities. Example projects have been tree planting, art installation in conjunction with local partners.


Volunteering opportunities available:

- Volunteer committee members
- General help and fundraising

Contact

 07935 218747

 cowickrootsandrecreation@gmail.com

 [//www.facebook.com/CowickRootsandRecreation](https://www.facebook.com/CowickRootsandRecreation)

 Cowick Roots & Recreation Barton Rd Exeter

Alphington Community Association

We manage and run the Community facilities in Alphington, offering space for hire and opportunities to help and support community events.

Volunteering opportunities available:

- Managing the facility
- Financial expertise
- Support for community events

Contact

 07413 213295 or 07815 592000

 <http://www.alphington.btck.co.uk>

 alphington.village@btinternet.com or krsidgwick@hotmail.com

 Alphington Village Hall, Ide Lane Exeter EX2 8UP



Alphington Community Garden

Alphington Community Garden is a community garden located in Grimes Field and run by a small group of volunteers. We maintain the raised beds, growing flowers and vegetables for the enjoyment of all. We have supported the planting of new fruit trees as part of a linear orchard. We run activity days to encourage growing, enjoying and supporting nature.

Volunteering opportunities available:

- Gardening
- Fundraising
- Events
- Art/ Creative tasks

Contact

✉ alphingtoncommunitygarden@gmail.com

🏠 Alphington Community Garden, Grimes Field, Ide Lane, Alphington, Exeter, EX2 8UP

Alphington Primary School

Alphington Primary and Pre- School is located on Wheatsheaf Way educating children between the age of 2 and 11 years old.

Volunteering opportunities available:

- Community Governors
- Please reach out to the school if you are interested in supporting the school and what you can offer. Please note some roles will require a DBS check.

Contact

✉ admin@alphington.devon.sch.uk

🌐 donna-james@balloonscharity.co.uk

🏠 Alphington Primary School, Wheatsheaf Lane, Alphington, Exeter




Chatterbox Cafe

Chatterbox is a community run cafe which is open every Friday between 9am and 12 noon. The team of volunteers work hard but laugh and chat a lot, so please come and join us if you think you would enjoy it!

Volunteering opportunities available:

- Kitchen Volunteer (a minimum of once a month)
- Waitress/Waiter (a minimum of once a month)
- Homemade cake baker (a minimum of once a month)

Contact

 07722 240718

 Julia Tooth, Chatterbox Cafe

Community Speedwatch - Alphington

Community Speedwatch is a national initiative where proactive members of local communities join with the support and supervision of their local police to record details of speeding vehicles using approved detection devices.

Volunteering opportunities available:

- Community Speedwatch Co-ordinator
- Community Speedwatch Operators

Contact

 Yvonne.atkinson@devon.gov.uk

 www.communityspeedwatch.org




Friends of Ide Lane Surgery

Friends of Ide Lane Surgery are a registered charity which exists for the patients of Ide Lane Surgery. We provide a range of services to support patients including community transport to health appointments. We host a weekly seated exercise group, a monthly carers group and a befriending service.

Volunteering opportunities available:

- Volunteer Drivers
- Befrienders
- Support with Fundraising and Events
- Committee Members

Contact

 01392 428900

 sasdavies@btinternet.com

 Sara Davies, Friends of Ide Lane Surgery, Ide Lane Surgery, Alphington, Exeter, EX2 8UP

17th Exeter (Alphington) Scouts

The 17th Exeter (Alphington) Scouts provide groups for children and young people in the Alphington area. We hold groups for beavers (6-8) on a Tuesday, Cubs (8-101/2) on a Monday. We are currently looking for a scout leader to restart Scouts for young people Volunteering opportunities available:

- Volunteer group leaders
- Support with fundraising and events
- Executive Committee Members

Contact

 gsl17thexeter@btinternet.com

 [\(1\) 17th Exeter Scout Group | Facebook](#)

 Christine Web, 17th Exeter Scouts (Alphington), Clapperbrook, Alphington





Would you like further information about opportunities listed
in this brochure?

Reach out to the groups listed or have a discussion with
your community builder.

Claire Porter Alphington