

## **Money and Personal Admin**

### **ACAS**

ACAS (Advisory, Conciliation and Arbitration Service) gives employees and employers free, impartial advice on workplace rights, rules and best practice, as well as offering training and services to help resolve disputes.

### **Age UK Exeter**

Age UK offer services ranging from social and activity groups and advice and benefit checks to help in the home, day services and supporting individuals and carers living with dementia to provide support for older people, their families and carers.

### **British Gas Energy Trust**

British Gas Energy Trust offers access to grants to those struggling with gas and electricity debts. To apply see their website.

### **CAB**

Citizens Advice Exeter are able to offer free, confidential and impartial information and advice on a variety of subjects including benefits, employment, housing, debt, consumer rights and legal issues.

### **CAB Energy Advice**

This link to CAB's energy advice page offers a variety of advice including what to do if you are struggling to pay or having problems with your bills or energy supply, how to make complaints and what you can do to get a better energy deal.

### **Christians Against Poverty**

CAP provides several free local services including debt help, job clubs and life skills courses as well as a variety of workshops and programmes to help you manage your money.

### **Cosy Devon**

Cosy Devon currently offers the Local Energy Advice Partnership, a free energy and money saving advice service including a free of charge in-home advice visit as well as free money advice consultations.

### **Council Tax Support**

This link will take you to the Exeter City Council benefit support information page where you will be able to read about and apply for housing benefit and council tax support.

### **Credit Explained**

This link will take you to a PDF file which provides a comprehensive informative guide to understanding credit.

### **Department for Work and Pensions**

This link will take you to the government page of the Department for Work and Pensions where you can find information about welfare, pensions and child maintenance policy.

### [Devon Mediation Service](#)

The Devon Mediation Service offers low-cost help to resolve disagreements and disputes by providing an objective party (the mediator) who will consider possible solutions to the problem and help to dissipate the conflict.

### [Down to Earth](#)

This is a service that offers practical support to those struggling with funeral costs. They offer a funeral helpline, advice from professionals and their website provides a wealth of resources including information and guides.

### [Early Years Funding](#)

This link will take you to Devon County Council's information page about early years funding which provides information about eligibility, resources and how to apply for childcare funding.

### [EDF Energy Advice](#)

This page provides information about support for those struggling to pay their energy bills.

### [Employment & Support Allowance Appeals Guide](#)

This link will take you to the government page which provides information about appealing a benefits decision.

### [Exeter Community Energy](#)

Exeter Community Energy is a sustainability initiative in Exeter that aims to provide the city with renewable energy projects. They offer drop in information clinics, guides for keeping warm in the winter and free home assessment visits.

### [Exeter Food Bank](#)

Exeter Food Bank offers support by providing nutritionally balanced emergency food and support to local people struggling in a crisis.

### [Exeter Local Welfare Support](#)

By following this link you can find information on how to claim benefits and what benefits you may be entitled to. You can also make an online benefit claim, check your account and report benefit fraud.

### [Financial Conduct Authority](#)

### [Foodcycle Exeter](#)

Foodcycle offers regular community meals and food parcel deliveries, reducing food waste and providing meals to those in need. They also offer plenty of opportunities for volunteering.

### [Free Food in Exeter](#)

This link will take you to St Petrock's free food guide contains a map and details of organisations who offer free food to rough sleepers in the evenings and weekends when St Petrock's is closed.

### **Gamcare**

Gamcare offers support and information for those struggling with gambling problems and addictions. They provide free self-help resources, a confidential helpline as well as live chats and online group forums.

### **Homemaker Southwest**

Homemaker Southwest offers support and specialist advice to those who may be at risk of losing their home as well as support to people who may be moving into new accommodation and living independently for the first time.

### **King's Centre Food Bank**

Provides emergency food for local people in crisis in the Honiton area.

### **Living Options**

Living Options Devon provides vital support to people with disabilities and deaf people (who use British Sign Language (BSL)) to enjoy independence, gain employment and overcome barriers including accessibility and discrimination.

### **Maternity Action**

Maternity Action provides free, specialist advice on employment rights, maternity pay, maternity benefits and the rights of migrant and asylum seeking women through our telephone helplines. Their website also provides comprehensive information about maternity and parental rights.

### **McKenzie Friend**

McKenzie Friend offers legal aid and support to those who are unable to obtain paid Legal Aid. They are able to give support in matters including family law, housing, wellbeing, small claims, child support and tribunals.

### **Money Advice Service**

Money Advice Service offers free and impartial money advice, including guides to help improve your finances, tools and calculators to help keep track and plan ahead as well as support over the phone and online.

### **Money Advice Trust**

Money Advice Trust offers free, independent debt advice to people across the UK through several telephone and online advice services. They also provide training and resources to businesses and charities.

### **National Debtline**

National Debtline is a charity that gives free and independent advice over the phone and online. They offer a variety of online tools including fact sheets, and calculators to help you plan your budget. You can contact them by phone, email or by webchat.

### **Northcott Devon Foundation**

This foundation offers small one-off grants, to apply and see if you are eligible see website.

## PayPlan

PayPlan provides free debt advice including but not limited to bankruptcy advice, free debt management plans and debt solutions.

Personal Independence Payment Assessment Guide

PSU – Personal Support Unit

Sir Francis Chichester Trust (funding for Outward Bound)

St Petrock's Welfare Advice Service

StepChange

Tax Aid

Tax Help for Older people

Turn2us

USwitch – also see file at CoLab

Vicar's Relief Fund

Water Debt Gateway

WaterCare Tariff

Wessex Resolutions