



Hello from Bernice



Hello! I am Bernice, the Community Builder for St Davids East.

The St Davids Community has been really busy! Just within the last few months I have helped residents to prepare some beautiful seed wildflowers on Haven Banks and I've also helped Shilhay residents to set up a Tai Chi class.

I had fun at the Refugee Councils Bazaar and been alongside the Exeter City Council's Water Lane consultation to put together a residents panel to engage the development of ethics for developers.

I have had some amazing conversations with residents, about their interests, love of St Davids and what they would like to get involved in. Recently I've had some thought provoking conversations at the English Conversation group held at the Mint, (Tuesday 12.30-2) and cannot wait to visit again.

Best wishes,

Bernice

Bernice Endacott

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ECI celebrates 30th anniversary!



Local charity, Exeter Community Initiatives (ECI), is celebrating its 30th anniversary this summer!

Community Builders, who are mentored and managed by ECI in partnership with Wellbeing Exeter, are just one of several ECI projects that have helped more than 50,000 people in Exeter and across Devon over the last three decades. Established in 1993, the charity was initially set up by local churches to help homeless people in Exeter.

ECI was originally known as the Palace Gate Project and soon became an umbrella charity creating more than 25 new community projects, several of which still operate as independent charities today, including St Sidwell's Centre, St Petrock's and Homemaker South West Ltd.

Thirty years on, ECI works with individuals, families and communities to empower them to take control of their lives, develop strategies to own and manage their choices and thrive within the life they want to lead. As well as Community Builders, its projects include Bike Bank, Exeter Connect, Jelly charity shop, Transitions, Remade and Family Resource.

In 2023, ECI's services are in demand more than ever as people struggle with the cost-of-living crisis. As part of the charity's 30th anniversary celebrations, it has launched a fundraising appeal and hopes to raise £5,000 by the end of the year. If you would like to donate, visit: <https://localgiving.org/appeal/ECI30A/>

St Davids Green Spaces

A local resident, Lou has taken on the task of beautifying Haven Banks with wildflowers to support and develop wildlife so to start this mammoth task my granddaughter and I joined her in digging and sowing the first two patches.

If you would like to come a long and join Lou in maintaining and preparing further beds do contact me on 07719239551 or email stdavidseastcb@eci.org.uk as you would be very welcome.



St Bartholomew's Cemetery

Residents came together to prepare and plant wildflower seeds in March, and on Sunday 23rd July a community picnic was a great success with residents coming to chat and to talk about what they would like to see happen within the amazing green space.

On the 9th August Double Elephant will be doing a art event 5-7 pm so if you are a resident please join us.

St Bartholomew Cemetery
Wednesday 9th August | 5-7pm

Join us for a community print workshop with Double Elephant!

Take inspiration from the cemetery grounds for your print making project

Everyone welcome!

Bartholomew Cemetery on Exe Street.
Under 18s accompanied by an adult

Logos at the bottom: Devon Wildlife Trust, Wellbeing Exeter, Exeter Community Initiatives, and Double Elephant.

Door Knocking Bridge & Bell Courts



I had the pleasure of meeting some of the residents of Bridge and Bell Courts whilst out door knocking. I was absolutely blown away with the friendly and welcoming residents.

The conversations ranged from community gardening, a craft group, calligraphy to sharing history of the area.

Some of the residents joined us on the 23rd to carry on the conversations.

Opportunity for St David's residents

If you live, work or spend your leisure time near Exeter Quayside, you'll be familiar with Water Lane. Did you know that Water Lane is one of the sites allocated in the Exeter Plan with an exciting vision for a mixed use, low car, waterfront neighbourhood?

In the autumn, Exeter City Council will be holding a public consultation on a draft design code for Water Lane. The purpose of the design code will be to plan for Water Lane in a comprehensive way and to guide development proposals.

The City Council are keen to hear from a wide range of people, from different backgrounds, who live, work or enjoy the Water Lane area. So if you have thoughts on what type of place you'd like Water Lane to be in the future or if you want to share what's important or special about the area please sign up on the consultation website and you will be sent a reminder when the consultation launches later this year: <https://exetersays.commonplace.is/>

There will also be another round of consultation on the Exeter Plan in the autumn too. The Exeter Plan is a planning policy document that will be the blueprint for development in the city for the next 20 years. Again you can sign up for updates about the consultation and associated events here: <https://exetersays.commonplace.is/>

Community Champion

A shout out to an amazing St Davids resident, Shelia, 89, who after seeing a post on Facebook about fellow community builders door knocking contacted me and asked if she could support me to do some around the Bartholomew area that she lives. Shelia is keen to get to know her fellow residents, and to support and join the activities and events happening. So if you are a resident living around this area and would like to meet a very young at heart, lively and interesting fellow resident please get in touch.



A Calm Space on Bonhay Road



The Bonhay road plot that the Barbican Court residents have undertaken is still on going, and they have applied for some funding for the trees and shrubs to create a sensory and calming space. So if you or your group, organisation would like to support either with time or donations (plants, trees or time) please contact me at stdavidseastcb@eci.org.uk

Fun had by all!!!

Thank you to Refugee Support Devon for inviting Community Builders (Wellbeing Exeter) to their bazaar lots of fun was had by all that attended. There was amazing singing and dancing by various nationalities plus crafts, Mendhi, head massage and yummy food to try.



Community Builders

Community Builders map what resources (community spaces, skills, groups, and people) exist in the area. We create new networks, connecting people and opportunities.

We support people to grow their own ideas, and try new things that bring people together, improve their wellbeing and make the community a better place to live. This is called Asset Based Community Development (ABCD)

Please contact me at stdavidseastcb@eci.org.uk or on 07719239551 if you are interested in hearing more , have an idea or would like to get involved in community projects..

Useful Information

- Talkworks - Free confidential support service for over 18s to help improve mental & physical wellbeing. Tel: 0300 555 3344 www.talkworks.dpt.nhs.uk
- Domestic Violence Fearless Devon Helpdesk Tel: 0345 1551074.
- Mental HealthMind charity Tel: 0300 123 3393
- The Moorings @ Devon - Out of hours mental health support for 16+. Tel: 07990 790 920
- Andy's Man Club - Talk through issue and problems that men face.
Monday evening 7pm
www.facebook.com/andyManClubExeter/Remote
- Age UK Exeter Tel: 01392 202092
- Adult Social Care team Tel: 01710 424000
Out of hours Tel: 01720 422699
- Care Direct - 0345 1551 007
- NHS Chat Health - Health Visitor confidential text messaging service www.chatline.nhs.uk
- Home-Start - Support for families with young children www.homestart.org.uk

Get Social



Keep up-to-date by joining these local Facebook pages and groups.

- St David's East CB
- Exeter Quay
- The Mint Methodist Church Centre
- Exeter Community Centre
- Exeter Customs House

Get in touch!

Bernice Endacott

 stdavidseastcb@eci.org.uk

 07719 239551

 www.communitybuilders.eci.org.uk

 St David's East CB



148 -149 Fore Street, Exeter, EX4 3AN
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